

APPETIZERS

MENU



Chicken Puffs

Profiterole filled with Flavour chicken salad made with our very own tangy mayo and a wide variety of fresh vegetables

Thai Chicken Satay

Chicken breast marinated with coconut milk and panang curry, grilled to perfection served Satay style with Thai curried peanut sauce

Island Jerked Wings

Flavorful wings marinated in an authentic Caribbean spice rub featuring nutmeg, coriander, cinnamon, pimento and scotch bonnet, served with mango passion chutney

Berry BBQ wings

Mouthwatering wings tossed in our very authentic Raspberry BBQ sauce

Balsamic Pineapple Chicken wings

Baked chicken wings seasoned with gourmet house blend, tossed in balsamic pineapple glaze

Crispy Chicken Balls

Rotisserie style chicken mixed with homemade Tabbouleh salad, sautéed peppers, onions and sweet chili, breaded with panko and deep fried. Served with spicy mango dip

Curried Shrimp Bouchee

Mini pastry shells stuffed with a mild curried shrimp mixture. Garnished with fresh chives and sour cream

Roasted Shrimp w/ Mango Coconut cocktail sauce

Jumbo shrimp marinated in house gourmet blend roasted and served with our very own homemade mango coconut cocktail sauce

Stuffed Mushroom

Petite Stuffed Mushrooms with Cream Cheese, bacon and Chives

Sweet Chili Chicken Skewers

Chicken breast marinated in sweet chili sauce, ginger and honey, grilled and served satay style

Citrus Chipotle BBQ Chicken Skewers

Chicken breast glazed with a bold citrus chipotle BBQ Sauce

Sesame Teriyaki Chicken Skewers

Grilled chicken and vegetables basted with our very own sesame teriyaki sauce made with hoisin, ginger, soy sauce, and pineapple juice

Island Polpettine (Italian meatballs)

Combination of ground meat and Italian sausage seasoned with parmesan, oregano, gourmet house blend, yellow raisins cooked to perfection, served on skewer with grilled pineapple, red onions and our very own sweet and sour pineapple sauce



Fresh Salmon balls w/ Island mango sauce

Fresh salmon combined yellow raisins, parmesan, parsley; baked or fried. Served with island mango papaya sauce

Farfalle Pasta Salad

Best pasta salad in town!!!! Bowtie pasta combined with wide array of fresh vegetables, sun dried tomatoes, black and green olives, capers tossed in our signature salad vinaigrette. To die for....

Sweet and Sour Meatballs

Handmade meatballs made with ground beef seasoned with Caribbean green seasoning, onions, celery seed, cracked pepper baked then slow cooked in a delightful pineapple BBQ sauce

Chicken Fajita Bar

Chicken breast seasoned with Spanish herbs, roasted and then shredded or diced. Served with soft tortillas, taco shells, jalapeno, sour cream, salsa, scallions and cheddar cheese



Italian Meatballs w/ marina sauce

Handmade meatballs made with ground beef seasoned with onions, garlic, fennel, cracked pepper, parmesan, Italian seasoning. Baked and then slow cooed in our very own marinara sauce. Dusted with parmesan cheese

Pulled BBQ Brisket Bar

Beef Brisket marinated in overnight in a smoky dry rub of bold spices. Then slowed roasted for seven hours. Pulled and served with condiments of caramelized onions, BBQ sauce, rolls, shredded cheddar, pickles

Pulled Pork Bar

Pork shoulder marinated in a smoky brown sugar rub, slowed cooked, pulled and served with rolls, pickles, caramelized onions, BBQ sauce, jalapeño

Bacon Wrapped Shrimp

Savory seasoned shrimp wrapped in bacon. Grilled and served with chipotle BBQ sauce

Plantain Marigold

Miniature meatballs wrapped in golden fried ripe plantains, served with relish mayo dip. Simply irresistible.

Caribbean Fish Fingers

fried bite size lemon herbed tilapia served with sweet and sour tamarind cocktail dip and fresh lemons

Pasta Primavera

Bowtie pasta tossed with roasted vegetables (yellow squash, zucchini, red onions, carrots, bell peppers), parmesan cheese, vegetable broth

Spinach and Italian Cheese Mini Quiches

Delectable crust-less quiches made with spinach, mozzarella, parmesan, provolone and Italian spices

Stuffed Pasta Shells

Jumbo Shells stuffed with a flavourful combination of ground turkey, ricotta and fresh spinach topped with our classic caper marinara sauce and Italian cheeses, baked to perfection

Stuffed Manicotti

Bursting with flavour. Manicotti stuffed with ground beef, mozzarella, fontina, ricotta cheese baked in our signature marinara sauce

